



## Coventry intervention: Supporting sensory difficulties

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**At the moment, this is available for those people with a COVENTRY GP ONLY. You cannot self-refer for this intervention. Please discuss the possibility of a referral with a professional and they can make a referral to our services using our usual referral forms, requesting this intervention.**

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### **This session will:**

- Explain what sensory processing difficulties are and how they may present, and why some children with neurodevelopmental problems (including ASD and ADHD) have sensory processing difficulties;
- Discuss strategies which are likely to be more successful to help them with their sensory processing difficulties;
- Give examples of the use of strategies to support children to manage their sensory processing difficulties.

### **How you will learn**

We are trying to make the sessions interesting and useful as possible so there will be a variety of listening and learning, using hand-outs, presentations and some sharing and discussing children's problems. All the parents at the sessions will be facing similar problems with their children's sensory processing difficulties. Although we might ask for examples of sensory processing difficulties, there will not be time to go into any detailed analysis of the problems of any one child and you will not have to talk to the group as a whole unless you want to give an example.

### **Who will lead the workshop?**

**Gemma Cartwright** - Gemma has been an Occupational Therapist for over 15 years, predominantly working with children and young people. She became an Advanced Sensory Integration (SI) Practitioner in 2008 and completed her MSc in Neurological Occupational Therapy in 2012, carrying out research on the relationship between sleep and sensory responsivity. Gemma has presented at a number of national conferences and has chaired the scientific committee for the European Sensory Integration Congress (2015).

Gemma is a mentor for Advanced SI practitioners and lectures on the Sensory Integration MSc course for the SI Network/Ulster University. Gemma is also the Director of Researcher Development for the SI Network and is a selected member of the trusts Research and Innovation forum.

## **Training for excellence in the NHS**

Sometimes we will also have trainees and students observing us in the sessions so they can learn about our work and develop their skills. This is a very important part of their training but if you or the young person would prefer not to have them in a session, please let us know when you arrive for the appointment.

## **Practical arrangements**

Due to commissioning arrangements this intervention is available for those with a COVENTRY GP ONLY. When you arrive for your session, please check in at our reception desk and a member of the team will meet you there.

## **Childcare**

Unfortunately we are unable to offer any childcare provision.

## **How to book**

After your referral is accepted, you will be invited to book onto this intervention by calling our admin team on 024 7696 1226.

Neurodevelopmental Service  
024 7696 1226